

**Saturday February 8th, 2020**  
**Creekmoore's Coffee, Hilliers**  
**8:30 am start**

**19.62 km 14.59km, 10.10km with optional 9km**

**19.62km Route**

<https://www.runningahead.com/maps/d77b4fc0c9074c83a186f4d299224931?unit=km&map=roadmap>

Start and Finish at Creekmore's Coffee at 2701 Alberni Hwy near Hwy 4 junction. Exit parking lot toward Coombs. Turn Lt onto Alberni Hwy. Run to Winchester Rd. Turn Rt on Winchester, run up to Grafton. Turn Rt on Grafton to run to Pratt Rd. Turn Rt to run down Pratt to Palmer Rd. Turn Lt on Palmer to run Howard, Right on Howard. Turn Lt on hwy to run to Hilliers Rd. Cross hwy, run down Hilliers and follow it back to Hwy 4. Cross hwy to continue on old Coombs Rd (partly paved). Take short dirt trail to cross railway tracks and continue up Coombs Rd to rejoin the Alberni Hwy. **\*\*Turn left to run along hwy to Coombs Station Rd, turn right on Grafton Ave, Right on Winchester Rd, run to Alberni Hwy, turn left return to Creekmore's. 19.62km**

**\*\*Please Note** if you don't wish to run through Coombs as it can be busy, you can turn right at Alberni Hwy, left at Winchester, right at Grafton ,right at Pratt, right at Palmer, left at Mclean, right at Alnerni Hwy back to the start. This will be just over 20km

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**14.59km Route**

<https://www.runningahead.com/maps/eb1fd02916fb476bbdce1efd045725b8?unit=km&map=roadmap>

Start and Finish at Creekmore's Coffee at 2701 Alberni Hwy near Hwy 4 junction. Exit parking lot toward Coombs. Turn Lt onto Alberni Hwy. Run to Winchester Rd. Turn Rt on Winchester, run up to Grafton. Turn Rt on Grafton to run to Pratt Rd. Turn Rt to run

down Pratt to Palmer Rd. Turn Lt on Palmer, \*\*right on Howard, run down to hwy. Turn Lt on hwy to run to Hilliers Rd. Cross hwy, run down Hilliers and follow it back to Hwy 4. Cross hwy to continue on old Coombs Rd (partly paved). Take short dirt trail to cross railway tracks and continue up Coombs Rd to rejoin the Alberni Hwy. Turn Rt to run along hwy \*\*\*to return to Creekmore's.

\*\*\*Please note if you need to get 16km when you are almost finished turn left off Alberni Hwy on Winchester Rd, Right on Palmer Right on Mclean, Right on Alberni Hwy back to Creekmore's

Note: to cut this route to 12km, turn right off Winchester onto Palmer, follow Palmer across Pratt, continue to Howard, turn Right\*\* follow 14.59 km route from here.

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### 10.10km Route

[www.runningahead.com/maps/c4cb5069767c43039ae5e20589b041ec?unit=km&map=roadmap](http://www.runningahead.com/maps/c4cb5069767c43039ae5e20589b041ec?unit=km&map=roadmap)

Start and Finish at Creekmore's Coffee at 2701 Alberni Hwy near Hwy 4 junction. Exit parking lot toward Coombs. Turn Lt onto Alberni Hwy. Run to Winchester Rd. Turn Rt on Winchester, run up to Grafton. Turn Rt on Grafton to run to Pratt Rd. Turn Rt to run down Pratt to Palmer Rd. Turn Lt on Palmer ,Right on Howard Rd. Turn Right on Alberni Hwy, Right on Pratt, Left on Palmer, Left on Winchester Rd. Left on Alberni Hwy to return to Creekmore's.

**Note** to shorten route to 9.5km turn left on Maclean Rd and Right on Alberni Hwy back to Creekmore's.