

**Saturday February 15, 2020**  
**Qualicum Beach Civic Centre**

**5 weeks to the Comox 1/2**

**This location has something for everyone, roads, trails.**

**Whether you want to run or walk or just stroll to QF for coffee, come out and Join in.**

**8:30 AM Start**

**21.77km Route with optional 10/12/18km**

**<https://www.runningahead.com/maps/d30eb4d2d7564f12add4fab431329738?unit=km&map=roadmap>**

**Start at QB Civic Centre, head out to Jones, turn Left. Run down Jones to Mill, turn left. Take the next right to Harlech Rd. Continue on Harlech to Arbutus, turn Right. Take the next Left on Hoylake Rd. Run down the hill to Canyon Crescent. stay on Canyon to Garrett Rd. Run down Garrett to Hwy, turn Right. Take the next right on Beach Terrace, a short street. Turn Right on Crescent Rd, stay on Crescent all the way to the Heritage Forest. Run through the Forest to Chester. Turn Left, run up to Nootka, follow the foot path or road along Village Way, past Hollywood\*\* to Island Hwy,\*\*\* cross the Hwy to Country Club Drive, continue on Country Club. At the bottom of the hill turn right on Eaglecrest Dr, this will turn into Pintail. Turn right at Johnston Rd, \*\*\*\* run up the hill to Sumar Lane, follow Sumar lane to the End, there will be a short path to Dalmation. Turn Left on Dalmation. Turn Right on Admiral Tryon Blvd, Turn Right on Columbia Dr. Turn Right on Dalmation, run along Dalmation till you see the path back to Sumar Lane. Take this back to Johnston Rd, turn Left. Cross the Hwy at the Lights, this turns into Drew Rd. Take next right on Sunrise, follow Sunrise to Bennett, turn**

**Left. Follow Bennett to Rupert, continue on Rupert all the way back to Jones.  
Turn Right on Jones back to The Civic Centre.**

**Note for 17-18km \*\*\*\***

**skip the Sumar Loop at the 12km point, continue on Johnston Rd to Lights. Cross over then Follow Sunrise to Bennett, turn Right to Fern path follow this back to Memorial, cross Memorial to First back to Jones to the start.**

**Note for 12km \*\*\***

**At the end of Village Way, about 9km point stay right on Hwy, do not run down Country Club. Run along the path in front of Arrowveiw School, turn right on Bennett. Turn Right on Fern Path, follow this back to Memorial, cross Memorial to First back to Jones to the start.**

**Note For 10km \*\***

**At 8.5 km point turn right off Village Way to Hollywood, then right on Fern Rd.  
Follow back to Civic Centre**