

**Saturday 4th January 2020**

**11 weeks to the Comox ½**

**8:30 Start**

**Qualicum Beach Civic Centre**

Happy New Year, 2020

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18K & 12K optional 16k, 10km

Qualicum Beach Routes

See you at the QBCC parking lot for our **8:30 a.m.** start [this Saturday](#). Meet after at the Quality Foods café on the 2nd floor.

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18K Route:

<https://www.runningahead.com/maps/9cfb745a855a43139957f580f052fbd3?unit=km>

Directions: Start at QB Civic Centre. Turn Rt out of parking lot to run up Jones to Rupert. Turn Rt on Rupert, continuing on Laburnum past Claymore to the railway tracks. Cross tracks, turn Rt onto paved trail, following it along Hoylake Rd to merge with chip and paved trail, crossing Veterans Way, and continuing on the Fern trail and road to Bennett Rd. Turn Rt to run up Bennett to Miraloma Dr. Turn Lt to run on Miraloma to Yambury Rd. Follow Yambury to Ormonde Rd. Turn Lt onto Ormonde then Rt on Chartwell Blvd for a short distance to Wellington Dr. Turn Rt on Wellington to curve around and down to Sunrise Dr. Turn Lt to follow Sunrise back to Bennett, then turn Lt on Bennett to cross tracks, merge with Rupert Rd, and return to Jones. Turn Rt to run on Jones back to the QBCC.

Note: If you prefer to run 16K, shave off the Miraloma-Yambury-Sunrise loop.

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12K Route:

<https://www.runningahead.com/maps/9cfb745a855a43139957f580f052fbd3?unit=km>

Directions: Start at QB Civic Centre. Turn Rt out of parking lot to run up Jones to Rupert. Turn Rt on Rupert, continuing on Laburnum past Claymore to the railway tracks. Cross tracks, turn Rt onto paved trail, following it to Hoylake Rd. Continue on Hoylake to Arbutus St. Turn Lt down Arbutus to Crescent Rd. Turn Lt on Crescent, following it down to the Island Hwy. Cross hwy then turn Rt to run along the ocean front all the way to Crescent Rd. Turn Rt onto Crescent, following it to the entrance to the Heritage Forest. Take trail to the exit on Sunningdale Rd. Turn Lt on Sunningdale to run to Hemsworth Rd. Turn Rt to continue on Hemsworth as it becomes a trail up to Village Way. Cross Village Way, continuing on Hemsworth up to Fern Trail. Turn Rt to follow trail to Berwick. Turn Lt on Berwick to cross train tracks on gravel path, then continue up Berwick to Fern Rd. Turn Rt on Fern, following it back to the QB Civic Centre parking lot.

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Note: If you prefer to run 10K, turn Rt onto Crescent Rd (off Arbutus at about the 5K point) and follow Crescent to the Heritage Forest entrance before completing the rest of the 12K route.