

# Sat Feb 2<sup>nd</sup> 2019

## Creekmore's Coffee

2701 Alberni Hwy

7 weeks to the comox 1/2 marathon

8 AM Start

Coffee at Creekmore's, parking up on the Hwy

Alternately if these routes don't work, you could run over to Coombs to the Rail Trail for an out and Back to suite you distance.

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### 10.41km route map

<https://www.runningahead.com/maps/695dbf59f6b54c66a8c3859b71d0aca4?unit=km&map=roadmap>

Start at Creekmores Coffee,

Head out to the hwy, run towards Coombs, turn right onto Winchester Rd, right on Palmer, Right on Pratt. cross over at the Alberni Hwy to Van Horne Rd, continue to Jones, turn Left, turn Right on the Alberni Hwy, run a short distance to Hilliers Rd, turn Right, follow Hilliers Rd to Memorial, turn Right on Memorial, turn left at Alberni Hwy back to the start. there about 1 km on Memorial, not the greatest but ok.

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### 12.5 km route map

<https://www.runningahead.com/maps/6e36f82099cc46bbba44d7e2ca493460?unit=km&map=roadmap>

Start at Creekmores Coffee

Head out to the hwy, run towards Coombs, turn right onto Winchester Rd, right on Palmer, continue at Pratt turn right, cross over the Alberni Hwy to Van Horne Rd, turn left, run on Van Horne to Jones Rd, turn Left, Turn Right on Alberni Hwy, ( very short distance) right on Hilliers Rd, cross Memorial Run past the gate, continue on Old Coombs Rd, run across the railway tracks, turn left at Alberni Hwy back to the start.

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### 14.59 km route map

<https://www.runningahead.com/maps/eb1fd02916fb476bbdce1efd045725b8?unit=km&map=roadmap>

Start and Finish at Creekmore's Coffee at 2701 Alberni Hwy near Hwy 4 junction. Exit parking lot toward Coombs. Turn Lt onto Alberni Hwy. Run to Winchester Rd. Turn Rt on Winchester, run up to Grafton. Turn Rt on Grafton to run to Pratt Rd. Turn Rt to run down Pratt to Palmer Rd. Turn Lt on Palmer, right on Howard, run down to hwy. Turn Lt on hwy to run to Hilliers Rd. Cross hwy, run down Hilliers and follow it back to Hwy 4 (Memorial). Cross hwy past the gate, continue on old Coombs Rd (partly paved). Take short dirt trail to cross railway tracks and continue up Coombs Rd to rejoin the Alberni Hwy. Turn Rt to run along hwy to return to Creekmore's.

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### **19.62 km route map**

<https://www.runningahead.com/maps/d77b4fc0c9074c83a186f4d299224931?unit=km&map=roadmap>

Start and Finish at Creekmore's Coffee at 2701 Alberni Hwy near Hwy 4 junction. Exit parking lot toward Coombs. Turn Lt onto Alberni Hwy. Run to Winchester Rd. Turn Rt on Winchester, run up to Grafton. Turn Rt on Grafton to run to Pratt Rd. Turn Rt to run down Pratt to Palmer Rd. Turn Lt on Palmer to run Howard, Right on Howard. Turn Lt on hwy to run to Hilliers Rd. Cross hwy, run down Hilliers and follow it back to Hwy 4 (Memorial). Cross hwy to continue on old Coombs Rd (partly paved). Take short dirt trail to cross railway tracks and continue up Coombs Rd to rejoin the Alberni Hwy. Turn left to run along hwy to Coombs Station Rd, turn right on Grafton Ave, Right on Winchester Rd, run to Alberni Hwy, turn left return to Creekmore's. 19.62km