Membership Form and Waiver					
Valid for period from January 1st to December 31st Includes your membership with Vancouver Island Running Association					
New Member \$15 Rer		newal \$15	Information Change \$0		
Complete this form, read and sign the waiver on page 2, mail both pages with your payment to: Oceanside Running Club Association, P.O. Box 2040, Parksville, BC, V9P 2G1 All Fields are required:					
First Name	Middle Initial		Last Name		
Date of Birth (yyyy/mm/dd)	Gender		Phone Number		
Street / P.O.Box	City, Province		Postal Code		
Email Address					
We Love Volunteers: How would you like to contribute to the club?					
Club Events		Oceanside Mother's Day Race			
Serving on the Board of Directors		Coaching, teaching clinics, Leading Runs			

After we receive your membership form with waiver and fee, we will add you to our

ORCA News email list.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND ASSUMPTION OF RISKS

By signing this document, you waive certain legal rights, including the right to sue.

I know that participating as a runner, jogger, walker or in a wheelchair, or with a stroller in a running club is a potentially hazardous activity and that I should not participate unless I am medically able and properly trained. I also know that there will often be traffic on running routes. I assume these risks.

I also assume any and all other risks associated with participating in a running club, including but not limited to falls, injury, contact with other participants or persons, the effects of the weather and the condition of the roads or running surfaces, all such risks being appreciated by me.

I consent to the use, editing, broadcast, distribution, exhibition or exploitation of any recordings, photographs, videotapes of me or other record of this event or my participation in activities or related events, in any media form, and grant full permission to Oceanside Running Club Association, and agents authorized by them, to use my name, likeness, photographs, videotapes, motion pictures, recordings, or any other record of this event, of me, for any purpose related to activities or other related events, without any compensation to me.

In consideration of you accepting my membership into the Oceanside Running Club Association, I hereby for myself, my heirs, executors, administrators and assigns release, save harmless and indemnify all those persons comprising the group commonly referred to as the Oceanside Running Club Association and the said Association, their respective agents, employees, assigns or anyone else for or on their behalf (collectively the "Releasees") from and against any and all existing and future claims, actions, costs, expenses and demands in respect to death, injury, damage, loss or expenses to my person or property, whether foreseen or unforeseen and wheresoever and howsoever caused, arising out of or in the course of my participation in this running club and related events and notwithstanding that the same may have been contributed to or occasioned by any act or failure to act, including without limitation, negligence of the Releasees or any of them.

I hereby acknowledge having read this release and waiver and by accepting a membership I understand and accept its terms.

DATED this	day of	, 20
Signature		
Name		