

# OCEANSIDE RUNNING CLUB ASSOCIATION

Driven by members with a passion for running in Parksville/Qualicum Beach, BC

## Membership Form



Valid for period from: January 1<sup>st</sup> to December 31<sup>st</sup>

Includes your membership with Vancouver Island Running Association (VIRA)

New Member       Renewal       Information Change

All fields are required:

First Name	Middle Initial	Last Name
Date of Birth (yyyy/mm/dd)	Gender	Phone Number
Street / P.O. Box	City	City, Province, Postal Code
Email address		

We love volunteers.

Indicate your experience and details of how you would like to contribute.

Club Events	Oceanside Mother's Day Race (May each year)
Serving on the Board of Directors	Coaching, teaching clinics, leading runs

Membership fee = \$15.00

Complete this form, sign the waiver on page 2, mail both pages and your cheque for \$15.00 made out to "ORCA" to the address below. Questions? Contact [membership@orcarunning.ca](mailto:membership@orcarunning.ca)

**Oceanside Running Club Association**

P.O. Box 2040, Parksville, BC V9P 2G1

After we receive your membership form and fee we will add you to our ORCA News email list.

Like us on our **Facebook** public group page "TeamORCA" and then we will invite you to the closed group where you will find additional news on group runs and other member events!

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## **READ THE RELEASE OF LIABILITY, WAIVER OF CLAIMS AND ASSUMPTION OF RISKS**

**By signing this document you waive certain legal rights including the right to sue.**

I know that participating as a runner, jogger, walker or in a wheelchair, or with a stroller in a running club is a potentially dangerous activity and that I should not participate unless I am medically able and properly trained. I also know that there will often be traffic on running routes. I assume these risks. I also assume any and all other risks associated with participating in a running club, including but not limited to falls, injury, contact with other participants or persons, the effects of the weather and the condition of the roads or running surfaces, all such risks being appreciated by me.

In consideration of you accepting membership into the Oceanside Running Club Association (ORCA), I hereby for myself, my heirs, executors, administrators and assigns release, save harmless and indemnify all those persons comprising the group commonly referred to as the Oceanside Running Club Association (ORCA) and the said Association, their respective agents, employees, assigns or anyone else for or on their demands in respect to death, injury, damage, loss or expenses to my person or property, whether foreseen or unforeseen and wheresoever and howsoever caused, arising out of or in the course of my participation in this running club and related events and notwithstanding that the same may have been contributed to or occasioned by any act or failure to act, including without limitation, negligence of the Releasees or any of them.

**PHOTO RELEASE:** I hereby grant Oceanside Running Club Association (ORCA) permission to use my photograph or video image and name in any publications, displays, presentations or other related use in any format (print, electronic, website or other media) for the purposes of documenting and promoting Team ORCA or the Oceanside 10K/5K Race, activities, sponsorships and projects. I waive any fees, copyright or other rights I might have in my image as represented in my photograph or image in perpetuity.

*I hereby acknowledge having read this release and waiver and by accepting a membership I understand and accept its terms.*

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*Print Name*

*Signature*

*Date*